

## Feedback Survey – ‘No Barrier’ Positive Ageing Strategy

We welcome your feedback on the ‘No Barrier’ Positive Ageing Strategy. Please fill out the survey below and send it back to us via the pre-paid envelopes provided.

Your feedback will help us finalise the Draft Strategy.

**Feedback closes 15 June 2022.**

Council’s draft **‘No Barrier’** Positive Ageing Strategy has been developed using extensive global and Victorian research, as well as local data and information received from community and stakeholder engagement. It includes 8 ‘focus areas’ with a number of ‘objectives’. The ‘focus areas’ align with key topics in ageing well identified by the Commissioner for Senior Victorians and the World Health Organization.

### Purpose

Council’s **‘No Barrier’** Positive Ageing Strategy aims to present a way forward for Council with actions that address the local barriers faced by older people in the community.

Q1. How satisfied are you with the draft purpose?

### Focus Area 1: Housing – Safe and secure at home and financially

Objectives:

- **Advocate and support** initiatives that improve the availability of a range of housing options to meet the changing needs of older people as they age. Incorporates universal design principles.
- **Ensure** older residents can access emergency planning information to make informed choices regarding their personal situation.
- **Promote** and **encourage** programs that assist older people to feel safe and secure in their homes as well as financially.
- **Support** partnerships to improve housing access and support services.

Q2. Share with us what you like and what improvements could be made in Focus Area 1: Housing – Safe and secure at home and financially

## Focus Area 2: Social participation – Connected to family, friends and society

Objectives:

- **Enable** opportunities for older people to engage and socially participate in activities that address social isolation.
- **Support** existing and emerging community groups in their provision of social activities.
- **Promote and encourage** programs that sustain connections between older people and their family, friends, and society.
- **Encourage** older people to increase participation in Council committees, celebrations, and events e.g. R U OK day, 16 Days of Activism, Seniors Week, Chillout festival etc.

Q3. Share with us what you like and what improvements could be made in Focus Area 2: Social participation – Connected to family, friends and society.

## Focus Area 3: Respect and social inclusion – Respected and respectful

Objectives:

- **Ensure** meaningful consultation occurs with older residents on issues that affect them.
- **Promote** positive, respectful inclusion within the community.
- **Support** activities that help prevent elder abuse and ageism.
- **Promote and encourage** programs that reduce any stigma associated with being older and provides for intergenerational activities and cross generational engagement.
- **Acknowledge and celebrate** achievements and contributions from older people.

Q4. Share with us what you like and what improvements could be made in Focus Area 3: Respect and social inclusion – Respected and respectful

#### Focus Area 4: Civic participation and employment – Life has purpose and meaning

Objectives:

- **Increase opportunities** and decrease barriers of engagement in a diverse range of employment, continual learning, and volunteering activities.
- **Promote** the rights and abilities of older people to participate in civic life.
- **Promote** and **encourage** programs that provide older people with self-determination, fulfillment, a meaningful social role or to receive recognition.
- **Investigate** the formation of Positive Ageing Advisory Committee.

Q5. Share with us what you like and what improvements could be made in Focus Area 4: Civic participation and employment – Life has purpose and meaning

#### Focus Area 5: Communication and Information – In touch with a changing world

Objectives:

- **Improve** access to adequate information for older people that enables them to make informed decisions about their lives.
- **Increase support** for internet access and digital technology (the digital divide).
- **Promote** and **encourage** programs that help older people keep up with and adapt to a rapidly changing world.
- **Increase** community awareness of local support services.

Q6. Share with us what you like and what improvements could be made in Focus Area 5: Communication and Information – In touch with a changing world

#### Focus Area 6: Community support and health services – Able to manage health issues including mental health

Objectives:

- **Encourage** older people to be physically active, have fun and eat nutritional meals.
- **Promote** healthy behaviours that help reduce the risk of dementia and other serious illness.

- **Support** the transition of home care services from Council to a values-aligned service provider funded by the Commonwealth Government.
- **Advocate** for the needs of the community and will hold accountable Commonwealth and State governments, and the appointed home support providers for the delivery of quality services to the Hepburn community.
- **Promote, encourage, and advocate** for programs that provide opportunities for older people to manage their health issues, including mental health, and to have the ability to independently manage their own affairs in order to 'age well' at home, and increase referral pathways.
- **Create** a positive ageing network to increase awareness and accountability of support services available for older people.
- **Advocate** and **partner** with local networks to ensure equitable service delivery across the region.

Q7. Share with us what you like and what improvements could be made in Focus Area 6: Community support and health services – Able to manage health issues including mental health

#### Focus Area 7: Outdoor spaces and buildings – Activity and a positive attitude

Objectives:

- **Design, build and maintain** open spaces, community facilities and outdoor infrastructure that helps support the health and wellbeing and social connectiveness of our older community members.
- **Encourage** a positive attitude towards ageing by promoting enjoyment of life, living life to the full, having fun and promoting new experiences.
- **Support** programs that address the challenges of ageing.

Q8. Share with us what you like and what improvements could be made in Focus Area 7: Outdoor spaces and buildings – Activity and a positive attitude

## Focus Area 8: Transportation – Able to get around

Objectives:

- **Support** initiatives that provide effective, safe, affordable, and accessible transport options.
- **Improve** the community's knowledge of existing local transport options available in Hepburn Shire.
- **Advocate, promote and investigate** solutions to the continual improvement of an accessible transport and mobility systems that supports the wellbeing of our older people.

Q9. Share with us what you like and what improvements could be made in Focus Area 8:  
Transportation – Able to get around

All submissions are confidential and the data will not be accessible to the public. Council will handle your information in line with our Privacy Policy which is available at <https://www.hepburn.vic.gov.au/wp-content/uploads/2020/08/Policy-30-C-Hepburn-Shire-rivacy-Policy-25-August-2020.pdf>.

**Once completed, please return to:**

**Eddie Wyman,**

**Hepburn Shire Council,**

**PO Box 21, Daylesford 3460 VIC.**